

Teddy Bear Squeeze

Choreographed by: Dan Albro 10/12/08

The Mishnock Barn, 200 Mishnock Rd, West Greenwich RI 02817

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Description: 48 count, 4 wall Beginner/Intermediate Line Dance

Music: "Somebody Needs A Hug" by: Keith Anderson

Bpm: 110, West Coast Swing

Start: 16 counts after intro to start with vocals

Counts	Description
1-8	TRIPLE HIPS, ROLL HIPS ¼ & STEP, STEP, SHUFFLE
1&2	Weight on R bump hips right, bump hips left, bump hips right
3,4	Roll hips counter clockwise shifting weight to L, continue hip roll shifting weight to R turning ¼ left (weight back on R)
&5,6,7&8	Quickly step back on L, step fwd R, step fwd L, shuffle fwd R, L, R
9-16	ROCK, STEP, ½ TURN SHUFFLE, ¼ SIDE SHUFFLE, COASTER STEP
1,2	Rock fwd on L, step back on R
3&4	Turn ¼ left stepping side L, step R next to L, turn ¼ left stepping fwd L
5&6	Turn ¼ left stepping side R, step L next to R, step side R
7&8	Step back on L, step R next to L, step fwd L
17-24	3 STEPS FWD, ¼ TOUCH, CROSS, TURN BACK ¾, SHUFFLE FWD
1,2,3,4	Step fwd R, step fwd L, step fwd R, turn ¼ right touching L toe side
5,6	Cross L over R, turn ¼ left stepping back on R
7&8	Turn ¼ left stepping side L, step R next to L, turn ¼ left stepping fwd on L
25-32	3 STEPS FWD, ¼ TOUCH, CROSS, TURN BACK ½, SHUFFLE SIDE
1,2,3,4	Step fwd R, step fwd L, step fwd R, turn ¼ right touching L toe side
5,6	Cross L over R, turn ¼ left stepping back on R
7&8	Turn ¼ left stepping side L, step R next to L, step side L
33-40	CROSS ROCK, STEP, SHUFFLE, CROSS ROCK, STEP, & CROSS, CLAP HANDS
1,2,3&4	Cross rock R over L, replace weight on L, step side R, step L next to R, step side R
5,6&7,8	Cross rock L over R, replace weight on R, step back on L, cross R over L, clap hands
41-48	& HEEL, CLAP HANDS, & CROSS, CLAP HANDS, OUT, OUT, 3 HIPS
&1,2&3,4	Step side L, touch R heel fwd angle right, clap, step back R, cross L over R, clap
&5,6,7,8	Step side R, step side L, 3 hips left

Repeat